



'BITS OF ENCHANTMENT



Extension Association of New Mexico

Education in a Social Setting

Life, Love, Literacy and Laughter

<http://aces.nmsu.edu/ces/eandm/index.html>

Spring, 2019



President's Report:

As the snow was falling this afternoon, I was so thankful for the precipitation we have had this winter. More days than I can remember for many years we have had a beautiful, fluffy snowfall that blanketed the yard and mountains in view of my front door. I was hoping today we would get the big one, but it has already stopped...only about 3 inches. I guess we are just in for the cold that has been predicted. I hope all of you are thankful for the winter moisture and are looking forward to the beautiful spring that is sure to come.

With spring will also come the district meetings. I will be seeing all of you soon as I make my way around the state to attend them. We all should be working on our cultural arts entries because the meetings will be here before we know it.

Since being installed as your president at the State Meeting in Santa Fe, I have been trying to clear my plate of the many duties I held in other organizations. I really feel that I need more time for extension but am also looking forward to having more time for myself so I can visit my grandchildren more often. I am sure the two years will pass quickly. At our State Meeting this fall, we will elect a President-Elect so be sure that you are discussing this at your district meetings.

I hope you all who attended the State Meeting have returned to your clubs and councils and discussed the theme ideas for my term. Our club/council has been working very hard on planning for our Recycled Crafts Fair. It is amazing how much you can find on Pinterest to reuse things we might have just discarded. Our organization can make a huge impact if we all are considerate of what we throw away.

I hope to see you soon at Mid-Year Board meeting or your spring meetings.

My best to all, Patricia Smith



*Reduce, Re-purpose,
Refill, Not Landfill*



From our Advisors:



Priscilla Bloomquist, Ph.D.

Interim Department Head

College of Agricultural, Consumer and Environmental Sciences

Family and Consumer Sciences; Extension Family and Consumer Sciences

Along with the great work that EFCS engages in to improve lives across the region, 2019 brings two new faculty searches and a new Extension award.

Continued, next page

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The search for the permanent Department Head for the Departments of Family and Consumer Sciences and Extension Family and Consumer Sciences has begun. The job posted last week and will close on March 15th. This is a wonderful opportunity for someone who is eager to make a difference. Shortly, we will also be launching a search to replace our Food and Nutrition Specialist. Although Dr. Raquel Garzon's time with us was short, she did great work, introducing new programs and pushing the department to explore ways that we can harness technology to leverage scarce resources and further our reach. We wish her the very best as she focuses her efforts on operating her own business.

After attending a wonderful presentation by Dr. Karim Martinez about Fabiola Cabeza de Baca, Dean Flores requested that a new award be established in her name. Quoting from the award's description, "Fabiola Cabeza de Baca (Gilbert) was known as a writer, historian, activist and educator. She received a degree in Home Economics from New Mexico State University in 1929 and served as an Extension agent for 30 years. Fabiola worked in many northern New Mexican counties and was instrumental in reaching Spanish-speaking audiences. She also learned Tewa and Towa to more effectively reach Indigenous audiences. . . Throughout her career, she demonstrated a value of the multicultural influences found in New Mexico." The new award, the Fabiola Cabeza de Baca (Gilbert) Diversity in Extension award was created to recognize Extension faculty in the college of ACES who have demonstrated excellence in reaching diverse audiences, especially minority and/or underserved populations. If you are interested in learning more about this amazing woman, you can find a good summary here: <http://newmexicohistory.org/people/fabiola-cabeza-de-baca>

In closing, I wish that your new year is rich with the blessings of love, good health and happiness.



Brenda Bishop, EANM Co-Advisor:

During our leadership training in October, I was reminded by our speaker about the wonderful things you all are doing for your communities. Each club is working to fill a need in their community. What we are not good at is sharing our stories. Just like the Extension Service, you are your community's best kept secret. So often we just see the big glitzy programs as those that are making impacts. But it is actually the small everyday things that you do in your community that are making real impacts. I challenge each of you to take some time and identify your club's impacts for the past year and bring them to share at the district meetings with your county reports.

For those of you who are piloting the new volunteer form that I share at the state meeting, please bring your questions and comments to Mid-year Board. I am working on a guide for volunteer hours and your input would be appreciated.

New to the Extension Association is a "shutterfly" page. This is a place we can store the pictures from various meetings. If you would like access to the pictures, please send me an email at brbishop@nmsu.edu and I will add your e-mail to the list. The program will then generate a welcome letter and send you a link. Once you click on the link you will need to create an account if you do not have one or put in your username and password. Your password is your own, so write it down. Be sure to bookmark the page so you can get back to it. Pictures can then be downloaded and used in programs or you may have shutterfly print them for you. Remember, once you get the link, you must click on it right away as it expires after several weeks.

If you are a facebook user, be sure to post on the Extension Association of New Mexico page about the great activities your club is doing. Let's get the word out! Showing what we are doing will be another great way to recruit new members.

The latest version of the yearbook is up on the website for you to download. Be sure to let me know if you have corrections. You will notice there are many FCS Agent positions open, please help us recruit, by letting those you might know with a FCS degree that we have job openings.

I am looking forward to seeing those of you who come to Mid-Year board in March and more of you during your District Meetings.

In Memoriam



January 12th of this year, Valencia County and EANM lost a much loved long-time member who was always there to help with a smile on her face. Cindy Robison has said that her memories of service organizations go back to her grandmother who was a member of the Home Demonstration Club. When she had the opportunity to join the Sunshine Extension Club in 1989, she was ready. This action was made easier through the encouragement of Millie Moore, Doris Nickleson and June Moore. June is the one who said to Cindy that someday she could see Cindy getting interested in this group and being a State President.

She was an active member for 26 years and has held executive positions at the local, district and state levels. This made her the “go to” person for advice on all Extension matters. Cindy held the office of President at the Club, County, District and State levels. She also held many other offices and was always willing to serve another term when we needed her,

Her club said that her most notable achievement has been that of keeping the Sunshine/Mid-Valley Club alive and thriving for over 10 years. When no one else would step up and be president, Cindy took on that role. She stated that she had great memories of all the ladies that she knows and has known in Extension.

Cindy never said “no” to volunteering either. When she first joined Sunshine Extension, there were two other active clubs (Friendship and Mid-Valley) and she served all three teaching lessons, serving on committees and at Council. Cindy also stayed busy with her family, Cowbellees and her church.

Cindy Robison will be missed.

~ ~ News from our Counties and Clubs ~ ~

Quay County Helping Others:

At our fall council meeting, we prepared care bags for the cancer and dialysis patients again. Each contained useful items to use while undergoing treatment. Some of the items ranged from hygiene items to books for reading and activities to do while waiting during treatments. We did 50 adult bags for chemo and dialysis patients, 25 for youth chemo patients and also 25 backpacks for CYFD. These for CYFD were for all ages with items to provide comfort when taken from home, a lot of the time with nothing but what they are wearing. We are already working on making hats and collecting other items to put in this year's bags.

Conchas Club again sponsored the annual home lighting contest. Our judges went out at dark and toured the community viewing homes decorated for Christmas. Eleven homes were judged this year with prizes being awarded for 1st, 2nd and 3rd place. Each received a monetary check from our club as well as a monetary certificate from Farmer's Electric.

Forrest Everybody's club also provided a hot meal for those working at the polls on election day.

We are now planning for the District 2 meeting, which will be held in Quay County this year. The theme will be "All aboard the EANM Express". It will be on April 30 at the Quay County Fair Barn. More information will be forthcoming.

Carol Berryhill, Reporter

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More County News on other pages

Extension Association of New Mexico
Bits of Enchantment
Donna S. Hannon
P.O. Box 66625
Albuquerque, New Mexico 87193-6625

~ ~ *District Meetings* ~ ~



The District I meeting will be held in Santa Fe on May 1st, 2019, at the Santa Fe County Fair Exhibit Hall. The theme is “Mother Earth”. The \$25.00 registration fee includes a delicious lunch of beef brisket and all the fixings! Registration form inside.

“All Aboard the EANM Express” is the District II meeting theme. The meeting will be held in Tucumcari on April 30th at the Quay County Farm Barn. A lunch of pulled pork and brisket with sides and dessert is included in the \$22.00 registration fee. Registration form inside.

Grant County will host the District III meeting April 9th at the Grant County Extension Office, 2610 N. Silver St. Registration 9:00 - 9:30. Meeting will start at 10:00 followed by lunch.

The District IV meeting will be in Portales at the Jake Lopez Building on the fairgrounds behind the Extension Office. Address of the Extension Office is 705 E. Lime St. The meeting will be April 24-25. We will do registration and Cultural Arts on Wednesday the 24. The actual meeting will be on Thursday the 25. We will get final details out to you after our March 4 meeting.



2019 MID-YEAR BOARD MEETING

Executive Board March 20th @ 3:30; Mesa, room #200 (Second floor, right of elevator)

Dinner: **Everyone** invited to dine together in restaurant Wednesday evening @ 6:00 – please let me know if you will be joining us, so we can make reservations.

Board Meeting, March 21st; Registration 9-9:30, Meeting 9:30 Atrium, near dining room

\$25.00 registration includes delicious lunch:

Salad with choice of dressings, Chicken Fried Steak with Mashed Potatoes & Chef's Vegetable, Rolls and Butter, Lemon Cake, Iced Tea & Coffee

SPECIAL DIETARY NEEDS? Contact Donna, dshwthabq@msn.com 505-897-3811

Ramada Plaza Midtown, formerly the MCM Elegante Hotel,

2020 Menaul NE, Albuquerque, NM 87107 505-884-2511

\$79.00, 1 - 4 people, 2 double beds, includes hot breakfast buffet

Reserve before **March 10th** and mention Extension Association of New Mexico for rate.

From East: Driving west on I-40 take exit 159-D University Blvd. At first light, University, turn right (North) to Menaul, then right (East); hotel on the right-hand side just past University.

From West: Driving east on I-40 take exit 160 Carlisle Blvd., left (North) on Carlisle to Menaul and turn Left (West) on Menaul; hotel will be on left just a few blocks before University Blvd.

From North: Driving south on I-25 take exit 227 Comanche/Candelaria/Menaul. Take Frontage Rd South to Menaul, turn left, (East); hotel on the right-hand side just past University.

From South: Driving north on I-25 take exit 225 Lomas. Drive north to Menaul Blvd and turn right, (East); hotel will be on the right-hand side just past University.

MAKE CHECKS TO EANM

Mail \$25.00 Registration fee to be received by **March 13, 2012**

Make Checks to EANM

To: Donna Hannon, PO Box 66625, Albuquerque, NM, 87193-6625 phone # 505-897-3811
dshwthabq@msn.com cell # 505-379-5553

Name _____ Phone () _____

Address: _____

Email: _____ County _____

EANM State Office held: _____

Will you be joining us for dinner on Wednesday evening, 6:00 p.m.? _____



2019 District I Meeting – EANM
“Mother Earth”



When: May 1st, 2019

Where: Santa Fe County Fair Exhibit Hall, 3229 Rodeo Road, Santa Fe, NM

Hosted by: Santa Fe County Extension Homemakers Club

Time: 8:30 – 9:30 am - Registration & Cultural Arts Entry

9:30 am - Meeting/Program

Registration Fee: \$25.00 includes lunch of Beef brisket, sides, corn bread, salad, dessert and a drink

Make checks payable to Santa Fe County EANM. Deadline is April 15th, 2019.

**Mail to: Barbara Forte, 125 W. Houghton, Santa Fe, NM
87505, bjforte40@comcast.com Hotel Suggestions:**

The Inn at Santa Fe (8376 Cerrillos Rd., at I-25) 505-474-9500.

Courtyard by Marriott (3347 Cerrillos Rd.) 505-473-2800

There will be a Dutch Treat dinner Tuesday, April 30th at 5:30 pm at Los Amigos Restaurant

-----Detach and Mail Bottom Portion_____

DISTRICT I EANM REGISTRATION FORM

May 1st, 2019, Santa Fe County Fair Building, 3229 Rodeo Rd. Santa Fe, NM 87507

Name_____ County_____

Mailing Address_____

Home Phone _____ Cell Phone_____

E-Mail_____

(Check all that apply) District Officer _____ NMSU/CES Staff_____

State Board Member/Officer_____ County Voting Delegate_____

**_____(check if)Attending the Dutch Treat Dinner on Tuesday night at Los Amigos
Restaurant**

All Aboard the EANM Express



Extension Association of New Mexico
District II Meeting

April 30, 2019 Tucumcari, NM

Quay County Fair Barn, 1100 S Camino Del Coronado
Registration and Cultural Arts Entries 8:30—9:30 a.m.

Lunch will be a pulled pork, brisket, sides and dessert

Send Registration of \$22.00 (includes meal and \$10.00 registration fee)

Make Checks payable to QCEA

Mail to: Helen Karns PO Box 48, Conchas Dam NM 88416

Registration Deadline: April 20, 2019

Tentative Schedule

8:30—Registration/Cultural Arts Entries

9:00—Welcome and Ceremonies

9:30—Educational Programs

11:30—Lunch/View Cultural Arts

1:00—Business Meeting

2:30—Adjournment/Tour



Programs

Quilts of the
Underground Railroad
Preventing Falls
Day will end with a
museum Tour



Detach here

Registration for District II Meeting in Tucumcari
April 30, 2019 at the Quay County Fair Barn

Name _____ County _____

Address _____

City, Zip _____ Phone _____

_____ County Voting Delegate _____ State Board Member _____ CES Staff

Office if you hold one _____

Food Allergies _____

Pictures from 2018 State Meeting



Pioneer Woman,
Owaissa Heiman



Heart of Extension,
Tilly Flood



Homemaker of the Year,
Donna Hannon, honored & surprised!



2019 EANM Executive Board Installed



Thank you, Lou Sikes!



Best of Show and People's Choice Winners



Lou admires beautiful rug
Created just for her by
Marcia Ronquillo



Outgoing President, Lou Sikes
Gets great hug from Incoming
President, Patricia Smith!

Attending the meeting
And enjoying the
Beautiful decorations



~ ~ News from our Counties and Clubs ~ ~

Valencia County - Sunshine-MidValley Extension Club



Although the year is not over yet, it has been a busy one for the 30+ members of the Valencia County Sunshine-MidValley Extension Club. Each monthly meeting has two special events: the ladies celebrate the day by celebrating one of the national days that falls on our meeting day. There is also a birthday table at each meeting to celebrate those with birthdays that month.

Our focus groups this year are the Valencia County Extension Office and their activities and CASA (We donate school supplies through a monthly collection box and also contributed money for the Back to School effort). Our monthly jar donations are earmarked for the adult chemotherapy unit, Blue Star Mothers, the Food Bank and EANM Scholarships. Our program in January was Montezuma Castle and the program in February was Balance. Programs for March, April, May, June, July and August were Costa Rica, the Da Vinci Exhibit in Albuquerque, Harvey Girls—Good and Bad, Canning 101, Cuba and a Quilting Bee respectively.

In March we celebrated our Homemaker of the Year: Linda Parry

Last May we held our 2nd Spring Rummage Sale and in June we started setting up a table display at the Growers' Market in Los Lunas one Tuesday evening a month. We also started organizing our Welcome to the Community effort. Our most recent meeting centered on quilting and a project the members are doing together.



District IV - Mayhill



I was thrilled to win your beautiful red, white and blue log cabin block quilt! I so appreciate all of the time and effort you spent on creating this treasure and I am very pleased my small contribution was helpful in building your scholarship fund.

I do want to share with you my family and emotional connection to the Sacramento Mountains and the Tularosa Basin. I will keep this brief. My father, Arvel Earl Stephens, was born in Weed, along with two brothers. My great-grandfather, Daniel Love Stephens, settled in Weed and his son, my grandfather, Johnno Stephens and his brother, Chester Stephens, married the Prude sisters, Alla Bess and Edna. My grandmother, Alla Bess, married Johnno. They eventually settled in Tularosa. Their ranch holdings were on the Otero Mesa, Cornudas, and San Andres Mountains. Her sister, Edna, married Chester and they had four children. One of their daughters, Frances, married Jimmy Mayhill, and they were the parents of Beth Mayhill, a person

I suspect many of you knew. Hence, my family connection.

We had several family reunions at the Sacramento Methodist camp where I was able to hear and gather memorable stories about the Stephens and Prude families. I would love to have a copy of the photo in the "Mountain Monthly" to add to my memories.

I will so enjoy this quilt!

Linda Stephens Parr

Bernalillo County:



Lu Galaz shows off her
CPR Technique



Donna demonstrates
Heimlich position



Showing off Christmas Bows that Bessie of Bessie's
Lace & Trims taught at November meeting – Beautiful!



Celebrating Christmas with a Couple's
Party at Little Anita's Restaurant



Current Advisor Cindy Davies
and former Advisor Patricia Aaron



Bill Farley shows off his great
Christmas hat with wife Linda

Grant County:



The Grant County EANM, Whitewater Club, presented Fort Bayard Medical Center with an entertainment system for their patients. The system includes speakers and a DVD player to show residents movies and play music. At the presentation are Susie Snedeker GCEA member; Jody Osis, Fort Bayard activities director and Gena Moon GCEA member, who also made curtains for the chapel area where the movies are played. GCEA members visit Fort Bayard once a month for a make-and-take for the patients.

Santa Fe County:



Newly elected Officers for
Santa Fe County Extension are:
President, Carrie Shapiro
Vice-President, Judy Montano
Secretary, Carmen Martinez
Treasurer, Barbara Forte



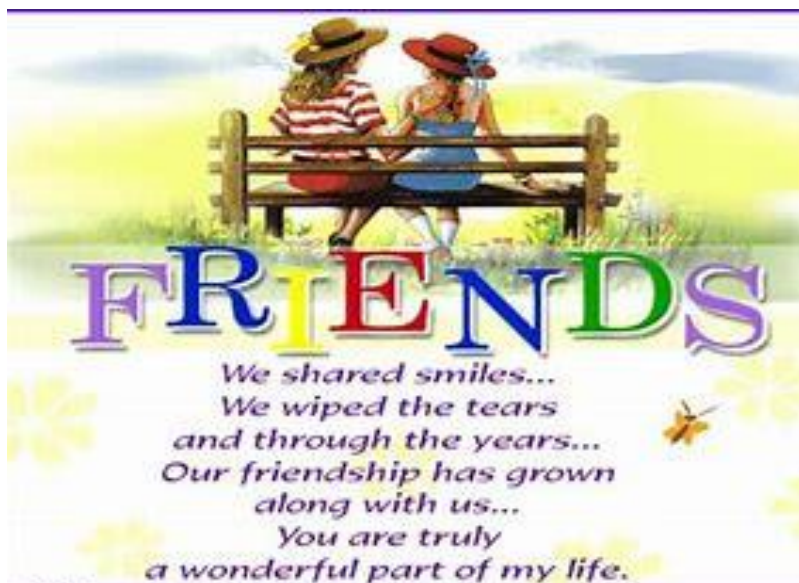
Santa Fe County Homemaker
of the Year, Carmen Martinez

San Miguel County:

San Miguel County has had a very busy season! The San Miguel County "Bees" had a community service project for our area by collecting winter clothing items in November. The generosity of our club members was able to donate an abundance of coats, boots, scarves and jackets! We also had a program on how to test our balance, learned how balance is important to prevent falls, and received a handout with things to improve our balance.

In December, they enjoyed a fun Christmas party with fabulous food and White Elephant gift exchange. Our Secretary, Kevin Johnson gifted us all with a beautiful knitted "bee" in commemoration of our club name.

Dog toys were a success! San Miguel County "Bees" Club had a community service project for January that was super fun and a big success! We had an enthusiastic group ready to help. We had some club members cutting strips of fabric, while others were braiding. By the time we were finished we made over 50 dog chew toys for our local animal shelter. If you'd like to have instructions on how these are made let me know and I'll send it to you.



Sharing Great Recipes

Dynasty Corn Pudding

4 oz. unsalted butter, melted , plus additional for greasing pan
3 cups fresh or frozen corn
2 eggs
1 cup sour cream
9 Oz Monterey Jack or Pepper Jack cheese, cut into 1/2 inch cubes
1/2 cup cornmeal
4 oz whole green chiles, cut into 1/2 inch pieces
1/2 tsp salt
1/2 cup grated Parmesan or Parmigiano-Reggiano cheese

1. Preheat oven to 350 degrees. Generously butter a 2-quart rectangular casserole dish.
2. In blender or food processor, puree 1 cup corn kernels with melted butter and eggs.
3. In a large bowl, combine all remaining ingredients except Parmesan. Add pureed corn and mix well. Pour into casserole dish, sprinkle with Parmesan and bake 30-40 minutes until puffed and golden.

Jean Walker, Valencia County

